

***Ninth Sunday after Trinity***  
**Service of Holy Communion**  
**Sunday 1<sup>st</sup> August 2021, 10.30am**

**The Gathering**

**The Greeting**

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**All Amen.**

The Lord be with you  
**All and also with you.**

*Words of welcome are given.*

**Prayer of Preparation**

**All Almighty God,**  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord.  
**Amen.**

**Musical Meditation – *Jesu, lover of my soul***

**Prayers of Penitence**

Our Lord Jesus Christ said:  
The first commandment is this:  
'Hear, O Israel, the Lord our God is the only Lord.  
You shall love the Lord your God with all your heart,  
with all your soul, with all your mind,  
and with all your strength.'  
The second is this: 'Love your neighbour as yourself.'  
There is no other commandment greater than these.  
On these two commandments hang all the law and the prophets.

**All Amen. Lord, have mercy.**

What God has prepared for those who love him,  
he has revealed to us through the Spirit;  
for the Spirit searches everything.  
Therefore, let us in penitence open our hearts to the Lord,  
who has prepared good things for those who love him.

**All** **Most merciful God,**  
**Father of our Lord Jesus Christ,**  
**we confess that we have sinned**  
**in thought, word and deed.**  
**We have not loved you with our whole heart.**  
**We have not loved our neighbours as ourselves.**  
**In your mercy**  
**forgive what we have been,**  
**help us to amend what we are,**  
**and direct what we shall be;**  
**that we may do justly,**  
**love mercy,**  
**and walk humbly with you, our God.**  
**Amen.**

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you  
in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.

**All** **Amen.**

### **Gloria in Excelsis** – *from Thorne's 'Mass of St Thomas'*

*Glory to God, Glory to God,  
Glory to God in the highest.*

Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.

*Glory to God, Glory to God,  
Glory to God in the highest.*

Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.

*Glory to God, Glory to God,  
Glory to God in the highest.*  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.

*Glory to God, Glory to God,  
Glory to God in the highest.*

## **The Collect**

Almighty God,  
who sent your Holy Spirit  
to be the life and light of your Church:  
open our hearts to the riches of your grace,  
that we may bring forth the fruit of the Spirit  
in love and joy and peace;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**All Amen.**

## **The Liturgy of the Word**

### **Old Testament Reading – Exodus 16.2-4,9-14**

A reading from the book of Exodus.

<sup>2</sup>In the desert the whole community grumbled against Moses and Aaron. <sup>3</sup>The Israelites said to them, “If only we had died by the LORD’s hand in Egypt! There we sat around pots of meat and ate all the food we wanted, but you have brought us out into this desert to starve this entire assembly to death.”

<sup>4</sup>Then the LORD said to Moses, “I will rain down bread from heaven for you. The people are to go out each day and gather enough for that day. In this way I will test them and see whether they will follow my instructions.

<sup>9</sup> Then Moses told Aaron, “Say to the entire Israelite community, ‘Come before the LORD, for he has heard your grumbling.’”

<sup>10</sup> While Aaron was speaking to the whole Israelite community, they looked toward the desert, and there was the glory of the LORD appearing in the cloud.

<sup>11</sup> The LORD said to Moses, <sup>12</sup> “I have heard the grumbling of the Israelites. Tell them, ‘At twilight you will eat meat, and in the morning you will be filled with bread. Then you will know that I am the LORD your God.’”

<sup>13</sup> That evening quail came and covered the camp, and in the morning there was a layer of dew around the camp. <sup>14</sup> When the dew was gone, thin flakes like frost on the ground appeared on the desert floor. <sup>15</sup> When the Israelites saw it, they said to each other, “What is it?” For they did not know what it was. <sup>15</sup>

Moses said to them, “It is the bread the LORD has given you to eat.

This is the word of the Lord.

**All Thanks be to God.**

### **Gradual Hymn – I, the Lord of sea and sky**

**All I, the Lord of sea and sky,  
I have heard my people cry.  
All who dwell in dark and sin,  
my hand will save.  
I who made the stars of night,  
I will make their darkness bright.  
Who will bear my light to them?  
Whom shall I send?**

*Here I am Lord, Is It I, Lord?  
I have heard you calling in the night.  
I will go, Lord, if you lead me.  
I will hold your people in my heart.*

**I, the Lord of snow and rain,  
I have born my people’s pain.  
I have wept for love of them.  
They turn away.  
I will break their hearts of stone,  
give them hearts for love alone.  
I will speak my word to them  
Whom shall I send?**

*Here I am Lord, Is It I, Lord?  
I have heard you calling in the night.  
I will go, Lord, if you lead me.  
I will hold your people in my heart.*

**I, the Lord of wind and flame,  
I will tend the poor and lame.  
I will set a feat for them.  
My hand will save.  
Finest bread I will provide  
till their hearts be satisfied.  
I will give my life to them.  
Whom shall I send?**

*Here I am Lord, Is It I, Lord?  
I have heard you calling in the night.  
I will go, Lord, if you lead me.  
I will hold your people in my heart.*

## **Gospel Reading – John 6.24-35**

Hear the Gospel of our Lord Jesus Christ according to John.

**All** **Glory to you, O Lord.**

<sup>24</sup> Once the crowd realized that neither Jesus nor his disciples were there, they got into the boats and went to Capernaum in search of Jesus.

<sup>25</sup> When they found him on the other side of the lake, they asked him, “Rabbi, when did you get here?”

<sup>26</sup> Jesus answered, “Very truly I tell you, you are looking for me, not because you saw the signs I performed but because you ate the loaves and had your fill. <sup>27</sup> Do not work for food that spoils, but for food that endures to eternal life, which the Son of Man will give you. For on him God the Father has placed his seal of approval.”

<sup>28</sup> Then they asked him, “What must we do to do the works God requires?”

<sup>29</sup> Jesus answered, “The work of God is this: to believe in the one he has sent.”

<sup>30</sup> So they asked him, “What sign then will you give that we may see it and believe you? What will you do? <sup>31</sup> Our ancestors ate the manna in the wilderness; as it is written: ‘He gave them bread from heaven to eat.’”

<sup>32</sup> Jesus said to them, “Very truly I tell you, it is not Moses who has given you the bread from heaven, but it is my Father who gives you the true bread from

heaven. <sup>33</sup> For the bread of God is the bread that comes down from heaven and gives life to the world.”

<sup>34</sup> “Sir,” they said, “always give us this bread.”

<sup>35</sup> Then Jesus declared, “I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.

This is the Gospel of the Lord.

**All Praise to you, O Christ.**

## Sermon

## The Nicene Creed

**All We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is,  
seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.  
For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.**

## **Prayers of Intercession**

*Between each petition:*

Lord in your mercy  
**All** hear our prayer.

*At the end the following may be said:*

Merciful Father,  
**All** accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ.  
Amen.

## **The Liturgy of the Sacrament**

### **The Peace**

To crown all things there must be love,  
to bind all together and complete the whole.  
Let the peace of Christ rule in our hearts.  
The peace of the Lord be always with you.  
**All** and also with you.

Let us offer one another a sign of peace.

*All may exchange a sign of peace.*

### **Offertory hymn – The Lord's my Shepherd**

**All** The Lord's my Shepherd, I'll not want.  
He makes me down to lie  
in pastures green.  
He leadeth me the quiet waters by.

My soul he doth restore again,  
and me to walk doth make  
within the paths of righteousness,  
e'en for his own name's sake.

**Yea, though I walk in death's dark vale,  
yet will I fear no ill.  
For thou art with me, and thy rod  
and staff me comfort still.**

**My table thou hast furnishèd  
in presence of my foes,  
my head thou dost with oil anoint,  
and my cup overflows.**

**Goodness and mercy all my life  
shall surely follow me.  
And in God's house forevermore  
my dwelling-place shall be.**

## **Eucharistic Prayer E**

The Lord is here.

**All God's Spirit is with us.**

Lift up your hearts.

**All We lift them to the Lord.**

Let us give thanks to the Lord our God.

**All It is right to give thanks and praise.**

Father, you made the world and love your creation.  
You gave your Son Jesus Christ to be our Saviour.  
His dying and rising have set us free from sin and death.  
And so we gladly thank you,  
with saints and angels praising you, and *saying*:

**All Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

We praise and bless you, loving Father, through Jesus Christ, our Lord;  
and as we obey his command,  
send your Holy Spirit,  
that broken bread and wine outpoured  
may be for us the body and blood of your dear Son.



On the night before he died he had supper with his friends  
and, taking bread, he praised you.  
He broke the bread, gave it to them and said:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

When supper was ended he took the cup of wine.  
Again he praised you, gave it to them and said:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.  
So, Father, we remember all that Jesus did,  
in him we plead with confidence his sacrifice  
made once for all upon the cross.

Bringing before you the bread of life and cup of salvation,  
we proclaim his death and resurrection  
until he comes in glory.

Jesus Christ is Lord:

**All Lord, by your cross and resurrection  
you have set us free.  
you are the Saviour of the world.**

Lord of all life,  
help us to work together for that day  
when your kingdom comes  
and justice and mercy will be seen in all the earth.

Look with favour on your people,  
gather us in your loving arms  
and bring us with all the saints  
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,  
in the unity of the Holy Spirit,  
all honour and glory are yours, O loving Father,  
for ever and ever.

**All Amen.**

## The Lord's Prayer

Let us pray with confidence as our Saviour has taught us:

**All** Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.

## Breaking of the Bread

We break this bread to share in the body of Christ.

**All** Though we are many, we are one body,  
because we all share in one bread.

## Agnus Dei

**All** Lamb of God,  
you take away the sin of the world,  
have mercy on us.

Lamb of God,  
you take away the sin of the world,  
have mercy on us.

Lamb of God,  
you take away the sin of the world,  
grant us peace.

## Giving of Communion

Draw near with faith.

Receive the body of our Lord Jesus Christ  
which he gave for you.

Eat in remembrance that he died for you,  
and feed on him in your hearts  
by faith with thanksgiving.

**All** Jesus,  
I believe that you are present in our communion.  
Whether I am here physically or virtually,  
I love you above all things,  
and I desire to receive you into my soul.  
Come, I pray, spiritually into my heart.  
I embrace you as if you were already there  
and unite myself wholly to you.  
Never permit me to be separated from you.  
Amen.

## Prayer after Communion

Holy Father,  
who gathered us here around the table of your Son  
to share this meal with the whole household of God:  
in that new world where you reveal the fullness of your peace,  
gather people of every race and language  
to share in the eternal banquet of Jesus Christ our Lord.

**All** Amen.

**All** Almighty God,  
we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out  
in the power of your Spirit  
to live and work  
to your praise and glory.  
Amen.

## Notices

### Final hymn – *My God, and is thy table spread*

**All** My God, and is thy table spread,  
and doth thy cup with love o'erflow?  
Thither be all thy children led,  
and let them all thy sweetness know.

Hail, sacred feast which Jesus makes!  
Rich banquet of his flesh and blood!  
Thrice happy all, who here partake  
that sacred stream, that heav'nly food.

**What wondrous love! What perfect grace,  
for Jesus, our exalted host,  
invites us to this special place  
who offer least and need the most.**

**O let thy table honoured be,  
and furnished well with joyful guests;  
and may each soul salvation see,  
that here its sacred pledges tastes.**

## **The Dismissal**

**All** The Lord be with you.  
**and also with you.**

Eternal God, giver of love and power,  
your Son Jesus Christ has sent us into all the world  
to preach the gospel of his kingdom:  
confirm us in this mission,  
helping us to live the good news we proclaim;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among us and remain with us always.

**All Amen.**

**All** Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

**Thank you for joining us in worship this morning.**

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church please click [HERE](#) or contact us about joining the  
Parish Giving Scheme.**